

重症肺炎脓毒症患者血清 Sestrin2, TLR7 水平表达及对心力衰竭的预测价值分析

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摘要: 目的 探究重症肺炎脓毒症患者血清 Sestrin2, Toll 样受体 7 (toll-like receptors 7, TLR7) 水平表达及对并发心力衰竭的预测价值。方法 以 2022 年 2 月 ~ 2023 年 5 月在山西省人民医院进行诊治的 86 例重症肺炎脓毒症并发心力衰竭患者 (并发心力衰竭组)、86 例重症肺炎脓毒症患者 (未并发心力衰竭组) 为研究对象, 另收集同期行健康检查者 86 例纳为对照组。酶联免疫吸附法 (ELISA) 测定血清 Sestrin2 和 TLR7 水平。彩色多普勒超声心动图仪测定所有受试者心功能相关指标: 左室射血分数 (left ventricular ejection fraction, LVEF)、左室舒张末期内径 (left ventricular end diastolic diameter, LVEDD) 及左室收缩末期内径 (left ventricular end-systolic diameter, LESD), 分析三组血清 Sestrin2, TLR7 水平表达及心功能。Pearson 相关性分析并发心力衰竭患者血清 Sestrin2, TLR7 水平与心功能相关指标间的关系; 受试者工作特征 (receiver operating characteristic, ROC) 曲线分析血清 Sestrin2 和 TLR7 水平对重症肺炎脓毒症患者并发心力衰竭的预测价值。结果 未并发心力衰竭组与并发心力衰竭组血清 Sestrin2 (11.59 ± 3.31 ng/ml, 16.13 ± 3.62 ng/ml), TLR7 (48.93 ± 9.52 ng/ml, 61.74 ± 10.11 ng/ml) 及心功能相关指标 LVEDD (53.28 ± 5.76 mm, 62.54 ± 6.11 mm), LESD (38.16 ± 4.38 mm, 48.15 ± 5.02 mm) 均显著高于对照组 (7.11 ± 2.34 ng/ml, 40.12 ± 10.16 ng/ml, 44.86 ± 5.02 mm, 29.02 ± 4.07 mm), 差异具有统计学意义 ($q_{\text{Sestrin}2}=13.241$, 26.659 , $q_{\text{TLR}7}=8.224$, 20.182 , $q_{\text{LVEDD}}=13.824$, 29.028 , $q_{\text{LES}}=18.805$, 39.359 , 均 $P < 0.05$), 且并发心力衰竭组患者显著高于未并发心力衰竭组, 差异具有统计学意义 ($q=13.418$, 11.985 , 15.203 , 20.554 , 均 $P < 0.05$); 而未并发心力衰竭组和并发心力衰竭组心功能指标 LVEF ($55.43\% \pm 6.62\%$, $41.67\% \pm 5.84\%$) 显著低于对照组 ($62.75\% \pm 7.16\%$), 差异具有统计学意义 ($q=10.344$, 29.789 , 均 $P < 0.05$), 且并发心力衰竭组患者显著低于未并发心力衰竭组, 差异具有统计学意义 ($q=19.455$, $P < 0.05$)。Pearson 相关性分析结果显示, 并发心力衰竭组患者血清 Sestrin2, TLR7 水平与 LVEF 呈显著负相关 ($r=-0.419$, -0.467 , 均 $P < 0.05$), 与 LVEDD 和 LESD 呈显著正相关 ($r=0.456$, 0.419 ; 0.402 , 0.437 , 均 $P < 0.05$), Sestrin2 与 TLR7 呈显著正相关 ($r=0.641$, $P < 0.05$)。ROC 曲线结果显示, 血清 Sestrin2, TLR7 联合预测重症肺炎脓毒症患者并发心力衰竭的曲线下面积 (area under the curve, AUC) 为 0.940, 敏感度和特异度分别为 74.9%, 73.3%。
结论 重症肺炎脓毒症患者血清 Sestrin2, TLR7 水平均显著升高, 且对患者并发心力衰竭具有良好的预测价值。

关键词: 重症肺炎; 脓毒症; 心力衰竭; Sestrin2; Toll 样受体 7

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Analysis of Serum Sestrin2 and TLR7 Level Expression in Patients with Severe Pneumonic Sepsis and Predictive Value for Heart Failure

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Abstract: Objective To investigate the expression of serum Sestrin2 and Toll-like receptor 7 (TLR7) in patients with severe pneumonia and sepsis and their predictive value for heart failure. **Methods** A total of 86 patients with severe pneumonia and sepsis complicated with heart failure (complicated with heart failure group) and 86 patients with severe pneumonia and sepsis (uncomplicated with heart failure group) who were diagnosed and treated in Shanxi Provincial People's Hospital from February 2022 to May 2023 were studied. Another 86 patients who underwent health examinations were included as the control

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group. Enzyme linked immunosorbent assay (ELISA) method was applied to measure serum levels of Sestrin2 and TLR7. Color doppler echocardiography was applied to measure cardiac function related indicators: left ventricular ejection fraction (LVEF), left ventricular end diastolic diameter (LVEDD), and left ventricular end systolic diameter (LES). The expression of Sestrin2 and TLR7 levels and cardiac function in three groups was analyzed. Pearson correlation was applied to analyze the relationship between serum levels of Sestrin2 and TLR7 and cardiac function related indicators in patients with heart failure. Receiver operating characteristic (ROC) curve was applied to analyze the predictive value of serum levels of Sestrin2 and TLR7 in patients with severe pneumonia and sepsis complicated with heart failure. **Results** The serum levels of Sestrin2 (11.59 ± 3.31 ng/ml, 16.13 ± 3.62 ng/ml), TLR7 (48.93 ± 9.52 ng/ml, 61.74 ± 10.11 ng/ml), and cardiac function related indicators [LVEDD (53.28 ± 5.76 mm, 62.54 ± 6.11 mm) and LESD (38.16 ± 4.38 mm, 48.15 ± 5.02 mm)] were higher in uncomplicated heart failure group and complicated heart failure group than those in control group (7.11 ± 2.34 ng/ml, 40.12 ± 10.16 ng/ml, 44.86 ± 5.02 mm, 29.02 ± 4.07 mm), with significant differences ($q_{\text{Sestrin2}}=13.241, 26.659, q_{\text{TLR7}}=8.224, 20.182, q_{\text{LVEDD}}=13.824, 29.028, q_{\text{LES}}=18.805, 39.359$, all $P<0.05$), and those values in complicated with heart failure group were higher than those in uncomplicated with heart failure group, with significant differences ($q=13.418, 11.985, 15.203, 20.554$, all $P<0.05$). The LVEF ($55.43\% \pm 6.62\%$, $41.67\% \pm 5.84\%$) index in uncomplicated heart failure group and complicated heart failure group was lower than that in control group ($62.75\% \pm 7.16\%$), with significant differences ($q=10.344, 29.789$, all $P<0.05$), and the index in complicated with heart failure group was lower than that in uncomplicated with heart failure group, with significant difference ($q=19.455, P<0.05$). Pearson correlation analysis showed that serum levels of Sestrin2 and TLR7 in patients with heart failure were negatively correlated with LVEF ($r=-0.419, -0.467$, all $P<0.05$), and positively correlated with LVEDD and LESD ($r=0.456, 0.419, 0.402, 0.437$, all $P<0.05$). Sestrin2 was positively correlated with TLR7 ($r=0.641, P<0.05$). ROC curve results showed that the area under the curve (AUC) of serum Sestrin2 combined TLR7 for predicting heart failure in severe pneumonia sepsis patients was 0.940, with sensitivity of 74.9% and specificity of 73.3%. **Conclusion** The serum levels of Sestrin2 and TLR7 in patients with severe pneumonia and sepsis were elevated and may have good predictive value for patients with heart failure.

Keywords: severe pneumonia; sepsis; heart failure; sestrin2; toll-like receptor 7

重症肺炎 (severe pneumonia) 是临床中常见的危急重症，除常见呼吸系统症状外，还可造成患者重要脏器严重损伤、引发呼吸衰竭，是肺炎的特殊类型^[1]。重症肺炎是引发脓毒症的常见病因，重症肺炎相关脓毒症可能引发患者器官功能障碍和循环衰竭，其致死率高达 50%^[2]。心力衰竭是脓毒症患者常见并发症之一，约 50% 脓毒症患者可能出现心功能不全，脓毒症患者并发心力衰竭可显著增加患者死亡风险，严重影响患者生存质量和生命健康^[3]。因此，探究重症肺炎脓毒症患者发生心力衰竭的相关影响因素，对提高患者生存率和生存质量意义甚大。Sestrin2 作为抗氧化应激 Sestrins 家族成员之一，具有较强的抗氧化应激作用，同时还可抑制缺血再灌注损伤、参与调控血栓形成，与多种心肌疾病的发生发展密切相关^[4-5]。Toll 样受体 7 (toll-like receptors 7, TLR7) 是一种重要的模式识别受体，与促炎细胞因子及趋化因子的生成密切相关，在调节先天性和适应性免疫系统中发挥重要作用，既往研究发现 TLR7 表达与儿童重症肺炎密切相关^[6-7]。既往研究显示，Sestrin2 可抑制脂多糖诱导的炎症反应，使 Toll 样受体介导的炎症介质及促炎细胞因子释放减少，降低脂多糖诱导的活性氧簇聚集^[8]。基于此，笔者旨在探究重症肺炎脓毒症患者血清 Sestrin2, TLR7 表达，分析两者对心力衰竭的预测

价值。

1 材料与方法

1.1 研究对象 选取山西省人民医院 2022 年 2 月 ~ 2023 年 5 月收治的 86 例重症肺炎脓毒症并发心力衰竭患者（并发心力衰竭组）、86 例重症肺炎脓毒症患者（未并发心力衰竭组）为研究对象，其中并发心力衰竭组男性 40 例，女性 46 例；年龄 $42\sim78$ (60.24 ± 6.71) 岁；体重指数 (body mass index, BMI) $19\sim24$ (22.19 ± 1.48) kg/m²。未并发心力衰竭组男性 44 例，女性 42 例；年龄 $43\sim80$ (60.15 ± 6.82) 岁；BMI: $18\sim24$ (22.36 ± 1.50) kg/m²。纳入标准：①符合重症肺炎相关诊断标准^[9]；②符合脓毒症相关诊断标准^[10]；③并发心力衰竭组患者符合心力衰竭相关诊断标准^[11]。排除标准：①免疫抑制状态；②活动性肺结核；③总住院时间低于 24h；④临床资料不完整。另收集同期行健康检查者 86 例为对照组，其中男性 42 例，女性 44 例；年龄 $43\sim78$ (60.50 ± 6.35) 岁；BMI: $19\sim24$ (22.45 ± 1.53) kg/m²。三组在性别、年龄、BMI，基础病史（高血压、糖尿病）、收缩压、舒张压、吸烟史、饮酒史上差异无统计学意义 ($F/\chi^2=0.372, 0.065, 0.917, 1.037, 1.118, 0.210, 0.304, 1.022, 0.855$, 均 $P > 0.05$)，本研究经医院伦理委员会审核批准。

1.2 仪器与试剂 Sestrin2 (货号: JL19158)，

TLR7(货号: JL14412)检测试剂盒(上海江莱生物科技有限公司);彩色多普勒超声心动图仪(Philips IE33);离心机(广州吉迪仪器有限公司)。

1.3 方法

1.3.1 血清 Sestrin2, TLR7 测定:抽取重症肺炎脓毒症患者晨起及对照组体检当天空腹肘静脉血 5 ml, 低温(2℃~8℃)离心 10min(3 500r/min)并分离血清, ELISA 法测定血清 Sestrin2, TLR7 水平, 实验操作均严格根据试剂盒说明书进行。

1.3.2 心功能指标测定:使用彩色多普勒超声心动图仪(Philips IE33)进行左室射血分数(left ventricular ejection fraction, LVEF)、左室舒张末期内径(left ventricular end diastolic diameter, LVEDD)及左室收缩末期内径(left ventricular end-systolic diameter, LESD)检查。

1.4 统计学分析 选用 SPSS 25.0 软件进行统计分析, 连续变量以均数±标准差($\bar{x} \pm s$)表示, 两

表 1

三组血清 Sestrin2, TLR7 水平比较($n=86$, $\bar{x} \pm s$)

项目	对照组	未并发心力衰竭组	并发心力衰竭组	F	P
Sestrin2(ng/ml)	7.11±2.34	11.59±3.31	16.13±3.62	177.675	<0.001
TLR7(ng/ml)	40.12±10.16	48.93±9.52	61.74±10.11	102.993	<0.001

2.2 三组患者心功能指标比较 见表 2。未并发心力衰竭组与并发心力衰竭组患者 LVEF 水平显著低于对照组, 差异具有统计学意义($q=10.344$, 27.789, 均 $P < 0.05$), LVEDD, LESD 显著高于对照组, 差异具有统计学意义($q=13.824$,

表 2

三组患者心功能指标比较($n=86$, $\bar{x} \pm s$)

项目	对照组	未并发心力衰竭组	并发心力衰竭组	F	P
LVEF (%)	62.75±7.16	55.43±6.62	41.67±5.84	228.749	<0.001
LVEDD (mm)	44.86±5.02	53.28±5.76	62.54±6.11	210.811	<0.001
LESD (mm)	29.02±4.07	38.16±4.38	48.15±5.02	387.529	<0.001

2.3 并发心力衰竭患者血清 Sestrin2, TLR7 水平相关性及其与心功能指标间的关系 见表 3。Pearson 相关性分析结果显示, 并发心力衰竭患者血清 Sestrin2, TLR7 水平与 LVEF 呈显著负相关(均 $P < 0.05$), 与 LVEDD 和 LESD 呈显著正相关(均 $P < 0.05$)。相关性分析显示, 并发心力衰竭患者血清 Sestrin2 与 TLR7 呈显著正相关($r=0.641$, $P < 0.05$)。

表 3 血清 Sestrin2, TLR7 水平与心功能指标相关性分析

心功能指标	Sestrin2		TLR7	
	r	P	r	P
LVEF (%)	-0.419	<0.001	-0.467	<0.001
LVEDD (mm)	0.456	<0.001	0.419	<0.001
LESD (mm)	0.402	<0.001	0.437	<0.001

组间比较进行独立样本 t 检验, 多组间比较进行单因素方差分析, 组间两两比较采用 SNK-q 检验; 计数资料以例数(n)描述, 采用 χ^2 检验; Pearson 相关性分析血清 Sestrin2 与 TLR7 及两者与心功能之间的相关性; 受试者工作特征(receiver operating characteristic, ROC)曲线分析血清 Sestrin2 联合 TLR7 对重症肺炎脓毒症患者并发心力衰竭的预测价值, 曲线下面积(area under the curve, AUC)比较进行 Z 检验, $P < 0.05$ 为差异有统计学意义。

2 结果

2.1 三组血清 Sestrin2, TLR7 水平比较 见表 1。与对照组相比, 未并发心力衰竭组和并发心力衰竭组患者血清 Sestrin2, TLR7 水平均显著升高, 差异具有统计学意义($q=13.241$, 26.659; 8.224, 20.182, 均 $P < 0.05$), 且并发心力衰竭组患者血清 Sestrin2, TLR7 水平显著高于未并发心力衰竭组, 差异有统计学意义($q=13.418$, 11.985, 均 $P < 0.05$)。

表 1 三组血清 Sestrin2, TLR7 水平比较($n=86$, $\bar{x} \pm s$)

2.2 三组患者心功能指标比较 见表 2。未并发心力衰竭组与并发心力衰竭组患者 LVEF 水平显著低于对照组, 差异具有统计学意义($q=10.344$, 27.789, 均 $P < 0.05$), LVEDD, LESD 显著高于对照组, 差异具有统计学意义($q=13.824$,

表 2 三组患者心功能指标比较($n=86$, $\bar{x} \pm s$)

项目	对照组	未并发心力衰竭组	并发心力衰竭组	F	P
LVEF (%)	62.75±7.16	55.43±6.62	41.67±5.84	228.749	<0.001
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LESD (mm)	29.02±4.07	38.16±4.38	48.15±5.02	387.529	<0.001

2.4 血清 Sestrin2, TLR7 水平对重症肺炎脓毒症患者并发心力衰竭的预测价值 见图 1。ROC 曲线结果显示, Sestrin2 单独预测重症肺炎脓毒症患者并发心力衰竭的 AUC 为 0.874(95%CI: 0.824~0.924), 其敏感度、特异度分别为 86.0%, 62.7%, 截断值为 12.91 ng/ml; TLR7 单独预测重症肺炎脓毒症患者并发心力衰竭的 AUC 为 0.871(95%CI: 0.819~0.923), 其敏感度、特异度分别为 77.9%, 65.1%, 截断值为 55.12 ng/ml; 两者联合预测重症肺炎脓毒症患者并发心力衰竭的 AUC 为 0.940(95%CI: 0.906~0.973), 其敏感度、特异度分别为 74.9%, 73.3%。两者联合预测的 AUC 显著大于 Sestrin2 和 TLR7 单独预测的 AUC ($Z=2.183$, 2.221, $P=0.029$, 0.026)。

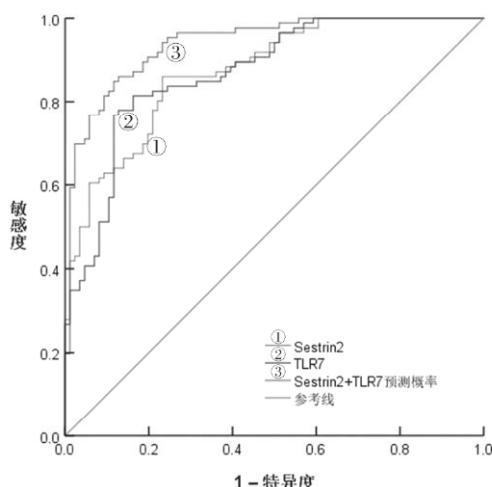


图1 血清 Sestrin2, TLR7 对重症肺炎脓毒症患者并发心力衰竭的预测价值

3 讨论

脓毒症是一种由宿主感染引起的全身炎症反应综合征，病情凶险，易引发患者多器官功能障碍、休克等，若不进行及时有效的治疗，将严重影响患者生命安全^[12]。重症肺炎的发生与众多因素相关，患者多表现为肺部感染或并发其它脏器功能障碍，当感染性病程较长或抗感染治疗不规范，重症肺炎患者并发脓毒症的风险将进一步增加^[13]。脓毒症易引发患者多器官功能障碍，心力衰竭为脓毒症较为常见并发症之一，当脓毒症患者并发心力衰竭时，患者将出现疲劳、呼吸困难、氧输送缺乏、心输出量降低等症状，与心功能正常患者相比，并发心力衰竭患者死亡率更高^[14-15]。因此，及早发现重症肺炎脓毒症患者并发心力衰竭并实施有效干预治疗，可有效控制疾病进展、改善患者预后。

Sestrin2 是一种应激蛋白，广泛表达于神经细胞、平滑肌细胞等多种组织细胞中，越来越多的研究显示其在疾病发生中发挥重要作用。在炎症反应期间，Sestrin2 表达显著升高以预防氧化应激并避免进行性器官损伤，敲除 Sestrin2 基因将导致一系列氧化应激损伤、使炎症反应加重、疾病恶化；在应激状态下，Sestrin2 可参与调控内质网应激、细胞自噬、细胞凋亡及线粒体功能等，在心血管系统疾病、神经退行性疾病、癌症等的发生发展过程中发挥重要作用^[16-17]。相关研究显示，Sestrin2 mRNA 水平升高使心力衰竭和心肌梗死患病风险增加，持续高表达可促进疾病的恶性进展，使患者病情加重^[18]。本研究结果显示，重症肺炎脓毒症患者血清 Sestrin2 水平显著高于对照组，这可能是由于脓毒症患者常常因组织灌注不足而出现缺氧情况，缺氧刺激可导致内质网应激，而内质网应激与 Sestrin2 表达密切相关，其可诱导 Sestrin2 表达上调。

因此，重症肺炎脓毒症患者血清 Sestrin2 水平显著高于对照组。此外并发心力衰竭组患者血清 Sestrin2 水平显著高于未并发心力衰竭组，且 Sestrin2 表达水平与 LVEF 呈显著负相关，与 LVEDD 和 LESD 均呈显著正相关，提示 Sestrin2 表达参与调控患者心功能，与心力衰竭的发生密切相关。既往研究显示，Sestrin2 敲低可使氧化应激恶化，增加心功能障碍^[19]，本研究中并发心力衰竭患者血清中 Sestrin2 表达水平升高可能反映了对氧化应激增加的代偿反应。

TLR 是一种模式识别受体，主要表达于免疫细胞中，可对病原体不同分子结构、损伤相关分子模式进行识别，与天然免疫、获得性免疫密切相关。TLR7 是 TLR 家族重要成员之一，可激活髓样分化因子 88 (myeloid differentiation factor 88, MyD88) 信号通路促使核因子 κ B (nuclear factor kappa-B, NF- κ B) 表达，进而参与介导炎性因子合成释放，使感染性疾病病情发展进程加快^[20]。既往研究显示，TLR7 缺乏导致肺部炎症减少并保留屏障功能，TLR7 激活可引起肺部炎症和内皮屏障破坏，并导致脓毒症相关的急性呼吸窘迫综合症^[21]。本研究中重症肺炎脓毒症患者血清 TLR7 水平显著高于对照组，提示 TLR7 可能参与重症肺炎脓毒症的发生。分析原因可能为 TLR7 可识别脂多糖，脂多糖在气道炎性疾病中发挥重要作用，TLR7 与脂多糖结合后被激活，进而激活调节炎症因子的转录因子，促进脓毒症的发生。进一步分析显示，并发心力衰竭组患者血清 TLR7 水平显著高于未并发心力衰竭组，且 TLR7 表达水平与患者心功能密切相关，提示 TLR7 表达参与调控患者心功能，与心力衰竭的发生密切相关。ROC 结果显示，血清 Sestrin2, TLR7 在预测重症肺炎患者并发心力衰竭具有较高的预测价值，且两者联合检测预测效能优于单一指标。提示血清 Sestrin2, TLR7 联合检测具有较高的预测价值。相关性分析显示，Sestrin2 与 TLR7 呈显著正相关，提示两者可能共同作用于重症肺炎脓毒症的发生。既往研究显示，上调 Sestrin2 表达可抑制脂多糖诱导的炎症反应，并使 TLR 介导的一氧化氮和促炎细胞因子的释放减少^[8]。本研究中，在重症肺炎脓毒症患者中，Sestrin2, TLR7 均显著升高，且两者呈显著正相关，可知 TLR 活化诱导的 Sestrin2 为细胞生长的代偿反应机制，避免细胞受脂多糖引起的炎性疾病损害。

综上所述，Sestrin2, TLR7 在重症肺炎脓毒症患者血清中均显著升高，且两者联合检测对重症肺炎脓毒症患者并发心力衰竭具有较高的预测价值。然而，本研究中纳入样本量过少，且两者在心力衰

竭中的具体作用机制尚不明确，仍待未来进一步探究。

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